

Microdermabrasion is a valuable skin care procedure when used alone, or in combination with other procedures.

### Is the procedure new?

Microdermabrasion has been used successfully for years in Europe and is now one of the most popular cosmetic procedures in this country. Our office uses the ExcellaDerm™ Microdermabrasion System because of its quality, dependability and results.

### What is Microdermabrasion?

Microdermabrasion is a non-invasive exfoliating procedure performed individually or in a series for revitalizing and maintaining the skin's appearance and smoothness. It can be used to address problem areas on the face or body. One session generally takes 30 minutes or so. There is no special preparation before the visit nor any recuperation after.

### How does it work?

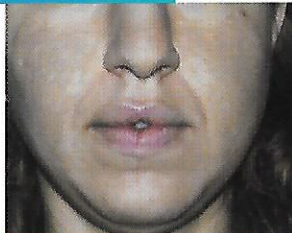
A precise stream of very fine crystals is directed through the ExcellaDerm hand piece onto the skin

### Before & After 6 Treatments



Before

**Pre-existing Conditions:**  
Hyper pigmentation, uneven skin tones, rough texture, sallow color, unhealthy appearance



After

**Results:**  
Improved tone, smoother texture, hyper pigmentation is lightened, color is improved

to loosen the layer of dead skin cells that form on the surface. It then suctions away both the skin debris and the crystals to reveal fresh invigorated skin. Typically, only the uppermost layer of the skin, the stratum corneum, is removed. This is why there is minimal discomfort and virtually no recuperation. In select cases, however, a more aggressive abrasion may be chosen and appropriate aftercare will be discussed.

### What results can I expect?

Patients have been thrilled with the effect ExcellaDerm™ microdermabrasion procedure has on:

- ✂ Improving dull or uneven skin color
- ✂ Relieving clogged pores and blackheads
- ✂ Softening general roughness or thickened patches of dead skin (e.g., elbows, feet.)
- ✂ Refining the appearance of fine, crepey lines, large pores, acne, and hyper pigmentation
- ✂ Removing surface debris allows the skin to better absorb topical medications
- ✂ Increasing circulation for a natural glow
- ✂ The overall youthful appearance of their skin



Before

**Pre-existing Conditions:**  
Aging Skin, uneven color, sagging skin, fine lines, distended capillaries, uneven texture



After

**Results:**  
Clarity to the skin, even color, tightening and toning of the entire face, smooth texture, improvement of fine lines

### Does this replace other procedures?

Microdermabrasion is a valuable skin care tool in and of itself but does not take the place of either surgical procedures or therapeutic skin care products. Microdermabrasion is an excellent adjunct to other procedures.

### Are there any side effects?

The procedure may impart a slight redness to the skin but this will subside within a few hours. Although uncommon, some patients may experience blushing of the skin from increased blood flow, which will fade gradually over a day or two.

### Is microdermabrasion for everyone?

Almost everyone could benefit from microdermabrasion, except patients who are taking certain medications or who have an inflammatory skin condition may need to postpone treatment. Your doctor and/or skin care professional will advise you.



**ExcellaDerm™**

The Finest In Microdermabrasion

Ask For It By Name!



Before

**Pre-existing Conditions:**  
Inflamed acne, ruddy complexion, oily appearance, rough texture, post-inflammatory pigmentation, blackheads



After

**Results:**  
Improved appearance, even coloring, smoother texture, cleared acne, even tones, overall improved complexion